

**PARISH OF THE ASCENSION**  
**First Sunday of Lent**  
**PWRDF Sunday**  
**March 6, 2022**

**ENTRANCE HYMN: 172 vs. 1, 3, 5**

**GREETING**

The grace and peace of our Saviour Jesus Christ be with you,  
**And also with you.**

**INTRODUCTION**

Dear friends in Christ,  
since early days Christians have observed with great devotion the time of our Lord's passion and resurrection, and prepared for this by a season of penitence and fasting. By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord. I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self examination and repentance; by prayer, fasting, and self denial; and by reading and meditating on God's holy word.

*Silence is kept*

**KYRIES**

O God, you know our foolishness and our sins are not hidden from you:  
**Lord, have mercy. Lord, have mercy.**

Let not the flood overwhelm us nor the depths swallow us up;  
let not the pit shut its mouth upon us.  
**Christ, have mercy. Christ, have mercy.**

Hear us, O Lord, as your loving kindness is good;  
turn to us as your compassion is great.  
**Lord, have mercy. Lord, have mercy.**

Holy God, holy and mighty, holy and immortal,  
have mercy on us.

**Holy God, holy and mighty, holy and immortal,**  
**have mercy on us.**

## **COLLECT OF THE DAY**

Let us pray for grace to keep Lent faithfully.

### ***Silence is kept***

God of the wilderness,

your Spirit leads us to face the truth,

unprotected and exposed:

in our times of trial help us to resist the worship of empty power,

so that we may find our true food

in Jesus Christ, the broken bread. **Amen.**

## **THEME CONVERSATION**

### **A READING FROM THE BOOK OF DEUTERONOMY**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, “Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us”. When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God “A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me” You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house. (*Deuteronomy 26: 1 – 11*)

Hear what the Spirit is saying to the Church,

**Thanks be to God.**

## PSALM

*Refrain: He shall give his angels charge over you*

He who dwells in the shelter of the Most High, abides under the shadow of the Almighty. He shall say to the Lord, "You are my refuge and my stronghold, my God in whom we put our trust." **R**

Because you have made the Lord your refuge, and the Most High your habitation, there shall no evil happen to you, neither shall any plague come near your dwelling. **R**

For He shall give his angels charge over you, to keep you in all your ways. They shall bear you in their hands, lest you dash your foot against a stone. **R**

You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet. Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my name. **R**

He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honour. With long life will I satisfy him, and show him my salvation." **R PSALM 91: 1 – 2, 9 - 16**

## **A READING FROM THE LETTER OF PAUL TO THE ROMANS**

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For everyone who calls on the name of the Lord shall be saved. (*Romans 10: 8b - 13*)

Hear what the Spirit is saying to the Church,  
**Thanks be to God.**

**HYMN BEFORE THE GOSPEL: Jesus Tempted in the Desert** (*back cover*)

## **HOLY GOSPEL**

The Lord be with you,  
**And also with you.**

## **THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO LUKE**

### **Glory to you, Lord Jesus Christ.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread."; Jesus answered him, "It is written, One does not live by bread alone". Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours."; Jesus answered him, "It is written, Worship the Lord your God, and serve only him"; Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written He will command his angels concerning you, to protect you and on their hands they will bear you up, so that you will not dash your foot against a stone".; Jesus answered him, "It is said Do not put the Lord your God to the test". When the devil had finished every test, he departed from him until an opportune time. (*Luke 4: 1 – 13*)

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

## **THE SERMON**

### **AN AFFIRMATION OF FAITH**

Let us declare our faith in God,  
**We believe in God the Father,**  
**from whom every family**  
**in heaven and on earth is named.**  
**We believe in God the Son,**  
**who lives in our hearts through faith,**  
**and fills us with his love.**

**We believe in God the Holy Spirit,**

**who strengthens us  
with power from on high.  
We believe in one God:  
Father, Son and Holy Spirit. Amen.**

### **PRAYERS OF THE PEOPLE**

With confidence and trust, let us pray to the Father. For the one holy catholic and apostolic Church, especially the Parish of Catalina and Cathedral Parish of St. John the Baptist, let us pray to the Father: Lord of compassion, **in your mercy, hear us.**

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, let us pray to the Father: Lord of compassion, **in your mercy, hear us.**

For peace in the world, especially in the Ukraine and Russia, that a spirit of respect and reconciliation may grow among nations and peoples, let us pray to the Father: Lord of compassion, **in your mercy, hear us.**

For the poor, the persecuted, the sick, and all who suffer, especially those on the Ascension Prayer Cycle, for refugees, prisoners, and all in danger; that they may be relieved and protected, let us pray to the Father: Lord of compassion, **in your mercy, hear us.**

In communion with all those who have walked in the way of holiness. Today we remember Howard Chafe. Let us pray to the Father. Lord of compassion, **in your mercy, hear us.**

**Loving God, raise up peace-talkers, peace-doers and peace-makers, who are not afraid to speak out against this world's injustices, but above all want an end to bloodshed and destruction, and see peaceful resolution, fueled by your love and grace, replacing the harmful rhetoric, that leads to war. Amen.**

**God our Father, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord. Amen.**

### **CONFESSION AND ABSOLUTION**

Let us call to mind our sin and the infinite mercy of God.

*Silence is kept*

Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For self-centered living,  
and for failing to walk with humility and gentleness:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For longing to have what is not ours,  
and for hearts that are not at rest with ourselves:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For misuse of human relationships,  
and for unwillingness to see the image of God in others:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For jealousies that divide families and nations,  
and for rivalries that create strife and warfare:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For reluctance in sharing the gifts of God,  
and for carelessness with the fruits of creation:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For hurtful words that condemn,  
and for angry deeds that harm:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

For idleness in witnessing to Jesus Christ,  
and for squandering the gifts of love and grace:  
Holy God, holy and mighty, holy and immortal,  
**have mercy on us.**

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life in Christ our Lord. **Amen.**

## **SHARING THE PEACE**

God has called us to live in peace.  
The peace of the Lord be always with you,  
**And also with you.**

## **HYMN FOR THE PRESENTATION OF THE GIFTS 601 PRAYER OVER THE GIFTS**

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord. **Amen.**

## **EUCCHARISTIC PRAYER**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is right to give you thanks and praise,  
O Lord, our God, sustainer of the universe,  
you are worthy of glory and praise.  
**Glory to you for ever and ever.**

At your command all things came to be:  
the vast expanse of interstellar space,  
galaxies, suns, the planets in their courses,  
and this fragile earth, our island home;  
by your will they were created and have their being.  
**Glory to you for ever and ever.**

From the primal elements  
you brought forth the human race,  
and blessed us with memory, reason, and skill;  
you made us the stewards of creation.  
**Glory to you for ever and ever.**

But we turn against you, and betray your trust;  
and we turn against one another.  
Again and again you call us to return.

Through the prophets and sages  
you reveal your righteous law.  
In the fullness of time you sent your Son,  
born of a woman, to be our Saviour.  
He was wounded for our transgressions,  
and bruised for our iniquities.  
By his death he opened to us  
the way of freedom and peace.  
**Glory to you for ever and ever.**

Therefore we praise you,  
joining with the heavenly chorus,  
with prophets, apostles, and martyrs,  
and with those in every generation  
who have looked to you in hope,  
to proclaim with them your glory,  
in their unending hymn:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Blessed are you, Lord our God,  
for sending us Jesus, the Christ,  
who on the night he was handed over  
to suffering and death,  
took bread, said the blessing,  
broke the bread, gave it to his friends,  
and said, "Take this, and eat it:  
this is my body which is given for you.  
Do this for the remembrance of me."

In the same way, after supper,  
he took the cup of wine;  
he gave you thanks,  
and said, "Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.

Whenever you drink it,  
do this for the remembrance of me.”

**Glory to you for ever and ever.**

Gracious God,  
we recall the death of your Son Jesus Christ,  
we proclaim his resurrection and ascension,  
and we look with expectation for his coming  
as Lord of all the nations.

We who have been redeemed by him,  
and made a new people by water and the Spirit,  
now bring you these gifts.

Send your Holy Spirit upon us  
and upon this offering of your Church,  
that we who eat and drink at this holy table  
may share the divine life of Christ our Lord.

**Glory to you for ever and ever.**

Pour out your Spirit upon the whole earth  
and make it your new creation.

Gather your Church together  
from the ends of the earth into your kingdom,  
where peace and justice are revealed,  
that we, with all your people,  
of every language, race, and nation,  
may share the banquet you have promised;

through Christ, with Christ, and in Christ,  
all honour and glory are yours, creator of all.

**Glory to you for ever and ever. Amen.**

### **LORD’S PRAYER**

As our Saviour taught us, let us pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

### **BREAKING OF THE BREAD**

*Silence is kept during the breaking of the bread*

We break this bread,

**Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying.

**If we have died with him,**

**we shall live with him;**

**if we hold firm,**

**we shall reign with him.**

### **THE COMMUNION**

The gifts of God for the People of God.

**Thanks be to God.**

### **COMMUNION HYMN 620**

### **PRAYER AFTER COMMUNION AND BLESSING**

Let us pray,

Compassionate God,

you have fed us with the bread of heaven.

Sustain us in our Lenten pilgrimage:

may our fasting be hunger for justice;

our alms, a making of peace;

and our prayer, the song of grateful hearts,

through Jesus Christ, our Saviour and Lord. **Amen.**

**All your works praise you, O Lord.**

**And you faithful servants bless you.**

### **Gracious God**

**We thank you for feeding us with the body and blood of your Son  
Jesus Christ.**

**May we, who share his body, live his risen life;**

**we, who drink his cup, bring life to others;**

**we, whom the Spirit lights, give light to the world.**

**Keep us firm in the hope you have set before us, so that we and all  
your children shall be free, and the whole earth live to praise your  
name; through Christ our Lord. Amen**

May God the Father,  
who does not despise the broken spirit,  
give to you a contrite heart.  
May Christ, who bore our sins in his body on the tree,  
heal you by his wounds. **Amen.**

May the Holy Spirit,  
who leads us into all truth,  
speak to you words of pardon and peace.  
Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God Almighty, the Father, the Son  
and the Holy Spirit, be among you and remain with you always. **Amen.**

## **HYMN BEFORE THE DISMISSAL 564**

### **DISMISSAL**

Let us continue in our Lenten journey.  
Go in peace to love and serve the Lord.  
**Thanks be to God.**

**Ascension Prayer Cycle:** Aden, Alexa, Amelia, Amy, Angela, Ann, Annie, Aubrey, Audrey, Barbara, Bertha, Brenda, Brian, Brittany, Brandon, Callum, Carl, Cathy, Christina, Cindy, Claire, Clarence, Connie, Debra, Delilah, Dennis, Derrick, Don, Donna, Doreen, Dot, Douglas, Dulcie, Ed, Baby Edward, Edie, Edgar, Elaine, Emily, Erin, Evelyn, Finnley, Frederick, Fred, Frank, Flo, Garrett, Gary, George, Gerald, Harry, Ike, Ina, Ingrid, Ira, Jack, Janet, Jason, Jenny, John, Josephine, Joan, Junior, Kent, Kevin, Kim, Laura, Leo, Leonie, Lori, Luke, Marie, Marsha, Marion, Marylou, Maxine, Maxwell, Melvin, Michael, Michelle, Mike, Mona, Nancy, Nicole, Oskar, Pam, Peter, Randell, Rochelle, Rodney, Rose, Roland, Ruby, Ruth, Sadie, Sam, Sean, Shirley, Stephen, Susan, Tina, Todd, Tom, Valerie, Wayne and Warrick

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## JESUS, TEMPTED IN THE DESERT

Jesus, tempted in the desert,  
Lonely, hungry, filled with dread.  
“Use your power,” the tempter tells him,  
“Turn these barren rocks to bread!”  
“Not alone by bread,” he answers,  
“Can the human heart be filled.  
Only by the word that calls us  
Is our deepest hunger stilled!”

Jesus, tempted at the temple,  
High above its ancient wall:  
“Throw yourself from lofty turret,  
Angels wait to break your fall.”  
Jesus shuns such empty marvels,  
Feats that fickle crowds request:  
“God, whose grace protects, preserves us,  
We must never vainly test.”

Jesus tempted on the mountain  
By the lure of vast domain:  
“Fall before me! Be my servant.  
Glory, fame, you’re sure to gain!”  
Jesus sees the dazzling vision,  
Turns his eyes another way.  
“God alone, deserves our homage!  
God alone will I obey.”

When we face temptation’s power,  
Lonely, struggling, filled with dread,  
Christ, who knew the tempter’s hour,  
Come and be our living bread.  
By your grace, protect, preserve us  
Lest we fall, your trust betray.  
Yours, above all other voices,  
Be the Word we hear, obey.