

**PARISH OF THE ASCENSION  
PENTECOST XII  
SUNDAY, AUGUST 11**

**COLLECT**

**Almighty God,  
you sent your Holy Spirit  
to be the life and light of your Church.  
Open our hearts to the riches of your grace,  
that we may bring forth the fruit of the Spirit  
in love, joy, and peace;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever. AMEN**

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**A READING FROM THE SECOND BOOK OF SAMUEL**

The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom!

Would I had died instead of you, O Absalom, my son, my son!" 2  
**SAMUEL 18:5-9, 15, 31-33**

Reader: The Word of the Lord  
People: Thanks be to God.

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## **PSALM**

*REFRAIN The Lord shall redeem us from all our sins.*

Out of the depths have I called to you, O Lord; Lord, hear my voice;  
let your ears consider well the voice of my supplication. **R**

If you, Lord, were to note what is done amiss, O Lord, who could  
stand? For there is forgiveness with you; therefore you shall be  
feared. **R**

I wait for the Lord; my soul waits for him; in his word is my hope.  
My soul waits for the Lord, more than watchmen for the morning,  
more than watchmen for the morning. **R**

O Israel, wait for the Lord, for with the Lord there is mercy; With  
him there is plenteous redemption, and he shall redeem Israel from  
all their sins. **R PSALM 130**

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## **A READING FROM THE LETTER OF PAUL TO THE EPHESIANS**

So then, putting away falsehood, let all of us speak the truth to our  
neighbours, for we are members of one another. Be angry but do not  
sin; do not let the sun go down on your anger, and do not make room  
for the devil. Thieves must give up stealing; rather let them labour  
and work honestly with their own hands, so as to have something to  
share with the needy. Let no evil talk come out of your mouths, but  
only what is useful for building up, as there is need, so that your  
words may give grace to those who hear. And do not grieve the Holy  
Spirit of God, with which you were marked with a seal for the day  
of redemption. Put away from you all bitterness and wrath and anger  
and wrangling and slander, together with all malice, and be kind to

one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. **EPHESIANS 4:25-5:2**

Reader:                   The Word of the Lord  
**People:**                 **Thanks be to God.**

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Reader:                   The Lord be with you  
**People:**                 **And also with you.**

## **THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO JOHN**

**People:**                 **Glory to you, Lord Jesus Christ.**

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." **JOHN 6:35, 41-51**

Reader:                   The Word of the Lord  
**People:**                 **Thanks be to God.**

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## **PRAYER OVER THE GIFTS**

**Father,  
receive all we offer you this day,  
and grant that in this eucharist  
we may be enriched by the gifts of the Spirit.  
We ask this in the name of Jesus Christ our Lord. AMEN**

## **PRAYER AFTER COMMUNION**

**Eternal God,  
grant to your Church the unity and peace  
that we have tasted in this eucharist,  
the fruit of your life-giving Spirit.  
We ask this in the name of Jesus Christ the Lord. AMEN**